

East Portland Exposition **EPO XPO**

JULY 24, 25, & 26 Ed Benedict Community Park SE 100th Ave & Powell Blvd

Friday 2pm - 8pm
Saturday 11am - 8pm
Sunday 11am - 7pm

www.epoxpo.org

Sponsored by all 13 of East Portland's Neighborhoods;
hosted by the Powellhurst-Gilbert Neighborhood Association

- Food**
- Entertainment**
- Exhibits**
- Live Music**
- Live DJ**
- Cultural Performers**
- Educational Sessions**
- Raffle**



**Music and a Live DJ
From SPUN Academy
at the skate plaza**

**LOTS of fun activities —
check the event Internetsite often for details.**

Memory Garden

Be sure to check out the Memory Garden while you are at the event. This peaceful garden oasis is located in Ed Benedict Community Park just outside of the festival on SE 104th. The Memory Garden is a beautiful loving tribute to those affected by Alzheimer's disease.

Ed Benedict Community Park...
...has a world-class skate plaza —the only one of it's kind. Come check it out and board to music just for the skate plaza by a live DJ from SPUN Academy. Check out the event Internet site for skate plaza activities and contests.



PORTLAND PARKS & RECREATION

Healthy Parks, Healthy Portland



office of
neighborhood
involvement



Powellhurst-Gilbert Neighborhood

Parking available at Ron Russell Middle School and Earl Boyles Elementary School just blocks from the event down SE Bush Street. Visit the event Internet site frequently for even more details — www.epoxpo.org

For more information please visit www.epoxpo.org or contact Mark White, Event Coordinator at markpdx@spiritone.com or call at 503-761-0222.

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RAFFLE!

Raffle tickets will be on sale for \$1. All proceeds will go to the host Neighborhood, Powellhurst-Gilbert, for community enhancement projects. All drawings will be held on the last day of the East Portland Exposition. Winners need not be present to win. Chances of winning depends on the number of tickets sold, which will not exceed 10,000. Some of the great raffle items include:

- A gift certificate from **Bike Gallery**, www.bikegallery.com, a \$20 value each — 3 different winners
- A gift certificate from **Bike Gallery** for a Nutcase bicycle helmet, www.bikegallery.com, a \$50 value each — 3 different winners
- A Plaid Bucks gift card from **Plaid Pantry**, www.plaidpantry.com, a \$10 value — 10 different winners
- A pet care basket from **Oregon Friends of Shelter Animals**, www.ofosa.org, a \$100 value
- An emergency kit from the **American Red Cross**, www.redcross.org, a \$40 value
- A gift tree (a tree will be planted at one of their gift tree plantings) from **Friends of Trees**, www.friendsoftrees.org, a \$35 value
- A lunch box from **Kaiser** filled with goodies, www.kp.org, a \$25 value
- A certificate for 4 sessions of massage basics from **Oregon School of Massage**, www.oregonschoolofmassage.com, a \$130 value

Incredible food!

A number of different food options will be available. A few examples include:

- **Two Wahines Hawaiian Shave Ice** — 13 different flavor choices! Perfect for a hot Summer day.
- **DNA Thai Food (formerly Thai Garden)** near SE 122nd and SE Stark) — Some of the best Thai food in the City. Dishes will include Pad Thai, Yellow Curry, Spring Rolls, Pineapple Fried Rice, and Basil Stir Fry
- **American Legion** — An incredible group of community members who support the East Portland area through numerous charitable programs. They'll be serving hot dogs, hamburgers, chips, and cold soft drinks.

Check out the event Internet site — www.epoxpo.org — for more information on food vendors.

Handicap and van accessible parking available at the main park.

FREE...

...shuttle service will also be provided from Eastport Plaza.

Examples of educational programming — one for the kids, one for the adults.

Germs...

New Cooties, and All Kinds of Other Stuff

What's a germ?

What's the big deal with washing your hands?

What's the flu and what's the whole thing about pigs?

The world is full of germs - some good, some very dangerous. Come hear about the good guys, the bad guys, and how what **YOU** do matters.

Open question and answer session gives you a chance to ask about things you always wondered about how the body works:

Why do people sneeze?

Where does the color of food go?

Why are bruises purple?

Is there really such a thing as bed bugs?

Is a fingernail really made of the same stuff as moose antlers?

... and anything else you've ever wondered about how the body works.



Dr. Tina M. St. John is a magna cum laude graduate of Emory University School of Medicine. She trained in one of the largest public hospitals in the country in Atlanta before becoming a medical officer and epidemiologist with the U.S. Centers for Disease Control and Prevention (CDC). In addition to her experience in public health and research, she is also a well seasoned health educator and an accomplished author. Dr. St. John has served as the Executive Director and Medical Director of a national nonprofit organization working to educate and empower people living with chronic diseases to achieve optimum wellness. Dr. St. John is a business owner and a mother, and is currently working to improve health literacy, and facilitate individual and community wellness.



Commander Mike Crebs has over 28 years of law enforcement experience. He spent his first 11 years as an officer and deputy sheriff in the Salt Lake City metro area. He has been with the Portland Police Bureau for over 17 years. Throughout his career he has been involved in youth outreach. He has worked as a School Resource Officer, Gang Resistance and Education Instructor, Gang Officer and is involved in the Big Brother Big Sister Program.

A Public Safety Community Conversation

Commander Michael Crebs of the East Portland Precinct will provide a brief update on the recent merger of the police precincts as well as crime in the area. The rest of the session will be an open question and answer session with the Commander about public safety issues of concern to attendees.

City of Portland Bureau of Parks and Recreation will be displaying plans for the following parks:

- **Powell Butte Master Plan**
- **Clatsop Butte Master Plan**
- **Parklane Master Plan**
- **Gilbert Heights Park**
- **Terrace Trails Park**

The following programs will be there:

- **Park Rangers**
- **Parks Volunteer Program**
- **City Nature East**

The following activities will be available for participation:

- **Mini Music Lessons** with the Community Music Center
- **Tai Chi** - Senior Recreation
- **Floral Design** - Senior Recreation
- **Youth Activities** - East Portland Community Center
- **Environmental Activities** - Environmental Education
- **Ceramic Tile Decorating** - Multnomah Arts Center



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FREE Health Testing

The Josiah Hill III Clinic will be offering free blood lead testing to test children for lead poisoning. The test is a quick finger stick and results are available within 3 minutes.

Lead testing by **Josiah Hill III Clinic** is made possible by a generous grant from the Portland Water Bureau.



JOSIAH HILL III CLINIC

Mexica Tiahui: Azteca Danza

Mexica Tiahui is a traditional Aztec dance circle that was established over 14 years ago in Oregon with the mission of continuing traditions, ceremonies, education, and culture related to Mexican indigenous roots. Mexica Tiahui has carried their educational commitment to communities in the Northwest with the goal of lifting consciousness by focusing on the importance of retaining cultural heritage.



STR8 UP



The members of **STR8 UP** are native Oregonians. They have been in the local music scene for many years and have played in various local bands.

STR8 UP formed in October of 2008 in SE Portland and they have been playing in clubs around Portland ever since.

STR8 UP plays **ORIGINAL** music and a variety of **ROCK** and **BLUES** tunes.



Portland Metro Concert Band

The Portland Metro Concert Band was organized in 1992. Known first as the Elks Band, the group includes amateurs as well as musicians who play professionally. Members represent many fields of endeavor, including medicine, education,

law enforcement, and computer programming. The band rehearses weekly for eleven months of the year, and performs several concerts a year, chiefly for schools, retirement centers, churches, and parks.



Funtastic Carnival and Festival is FREE. There will be no admission charge of any kind to either event.

Funtastic Carnival directly across the street!

Exhibitors List

Portland Parks and Recreation,
www.portlandparks.org
East Portland Neighbors - www.epno.org
Portland Water Bureau,
www.portlandonline.com/water
Bike Gallery - www.bikegallery.com
Portland Development Commission,
www.pdc.us
OnPoint Community Credit Union,
www.onpointcu.com
East Portland Neighborhood Office
Powellhurst-Gilbert Neighborhood Association
Argay Neighborhood Association
Centennial Community Association
Glenfair Neighborhood Association
Hazelwood Neighborhood Association
Lents Neighborhood Association
Mill Park Neighborhood Association
Parkrose Heights Association of Neighbors
Parkrose Neighborhood Association
Pleasant Valley Neighborhood Association
Russell Neighborhood Association
Wilkes Community Group
Woodland Park Neighborhood Association
Kaiser Permanente
Josiah Hill III Clinic
Western States Chiropractic College
Friends of Powell Butte
TriMet

Friends of Trees
Portland Housing Center
ITT Technical Institute
Urban League of Portland
American Legion Portland Post #1
Gateway Elks
Oregon Friends of Shelter Animals
Midway Business Association
Urban League of Portland
Portland Bureau of Environmental Services
Multnomah County Health Department
Multnomah County Commission on Children,
Families, and Community
David Douglas School District
La Leche League
Baby Blues Connection
Guarantee Mortgage Corporation
US Bank
Human Solutions
Port of Portland
Leach Garden Friends
ROSE Community Development
Portland Community Land Trust
Ride Connection
Multnomah County Library
Mt. Hood Community College
Midland Family Dentistry PC
Portland Police Bureau
Portland Youth Builders

Many thanks to our community sponsors:

Gold level:

Portland Parks and Recreation, www.portlandparks.org
East Portland Neighbors, www.epno.org
Powellhurst-Gilbert Neighborhood Association

Silver level:

Bike Gallery, www.bikegallery.com
Portland Water Bureau, www.portlandonline.com/water
Portland Development Commission, www.pdc.us

Bronze level:

OnPoint Community Credit Union, www.onpointcu.com